

**Cove Super B + Riboflavin Complex  
Dietary Supplement**

**Supplement Facts**

Serving Size: 2 capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Riboflavin	400 mg	30,769%
Vitamin B <sub>6</sub> (as pyridoxal 5-phosphate)	10 mg	588%
Folate (as calcium L-5-methyltetrahydrofolate)	600 mcg DFE	150%
Vitamin B <sub>12</sub> (as methylcobalamin)	240 mcg	10,000%
Betaine (trimethylglycine)	500 mg	†

† Daily value not established.

Other ingredients: Hypromellose, rice flour, silica, magnesium stearate.

**Directions:** Take 2 capsules daily or as recommended by your health provider.

**Warning:** Keep out of reach of children. Consult your health provider prior to using this product if you are pregnant or nursing.